

The Application Of The Four Brahmavihāra Principles Of Moral Teaching Monks In Na Kaeo Subdistrict Schools, Phon Na Kaeo District, Sakon Nakhon Province

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ABSTRACT

This research aimed to 1) explore the application of the Four Brahmavihāra principles in moral teaching by monks in schools within the Na Kaeo subdistrict, Phon Na Kaeo District, Sakon Nakhon Province; 2) describe the moral teaching approaches of teachers in these schools; and 3) apply the Four Brahmavihāra principles in the moral education provided in these settings.

The research results were as follows:

The Four Brahmavihāra Principles in Moral Teaching: these principles foster self-sacrifice and cultivate virtues within students. They involve dedicating personal time to impart knowledge with a supportive and kind demeanor, fostering a beneficial environment for learning and moral development.

Moral Teaching Techniques: teachers use real-life events to make lessons relatable, engaging students with current events and personal experiences. They employ a combination of good and bad examples, followed by detailed explanations of the underlying moral principles.

Application of the Four Brahmavihāra principles in the moral education provided in these settings: monks integrate these principles into their teaching, creating a blended educational approach that is both theoretical and practical. This method helps students develop forgiveness and attention to moral actions more quickly than usual, emphasizing the importance of ethical behavior in both academic and social contexts.

Keywords: Four Brahmavihāra Principles, Moral Teaching Monks, Na Kaeo Subdistrict Schools

1. Introduction

Today's social conditions are changing rapidly. It makes us humans have to adapt to our environment appropriately. At the same time, the temptation to affect the mind has increased, causing the human mind to follow social trends to the point where it is unable to control the mind from the desires that take over. And because of this, people behave in an inappropriate direction. Behavior like this can be considered an act that is extremely contrary to morality and ethics. It can be considered that people in society are beginning to shrink away from good morals. There is no shame or fear of sin. Therefore, it is a threat that is threatening to enter the minds of more and more people. Cultivating ethics is therefore something that society strongly calls for. Actively promote and support Especially children and youth are the age when they are about to struggle with problems that lead them in a detrimental direction. [Atthachak Satyanurak : 2007 ; 6] (1) Children and youth must know what they need to be able to fight internal and external enemies. Youth must have a correct understanding of that matter or case with the truth, true understanding, true seeing. This kind of struggle is called Moral struggle With an understanding of two types of morality: morality for the benefit of religion that

aims to promote practice in order to progress towards the desired destination, and morality for the direct benefit of society that will solve problems of social suffering. To promote personal peace and peace in society [Buddhadasa Bhikkhu : 2005; 92] [2] Moral principles are necessary to develop the mind to a higher level. Have generosity towards others Morality is therefore a science that talks about the highest good of human beings. Morality is a matter of rules of conduct that humans express according to their principles. Life and society that have been trained and refined from the past It's a forced thought. their needs according to reason in order not to Let individuals and society proceed according to their wishes. Emotions of selfishness Wrongly until it causes suffering for oneself and society. which if violated should be punished [Chaichan Sri Hanu : 2019; 3] [3] Morality teachers in schools It is one of the guidelines for developing morality starting from youth. The Ministry of Culture and the Ministry of Education therefore provided support to the monks. To teach morality in schools at the primary, secondary, and vocational levels. To instill knowledge and morality in students Knowledge and morality can be integrated to develop the quality of life appropriately. [School of Moral Teachings; 2] [4] Most Buddhist monks Still needs guidance on skills and guidelines for organizing teaching and learning activities and lacks guidance. Roles and appropriate guidelines What to do The following guidelines It will help monks and other interested people. Have an understanding and be able to work as intended [Monk teachers teach morality in schools; 2566.] [5] Teachers are an important mechanism in setting an example for children and youth. Teachers must understand that Each child has different knowledge and abilities. Because each person's family background is different. Therefore, in organizing teaching and learning Individual differences must also be taken into account. Professional teachers must be calm in teaching and learning. But this does not mean that children will not have complete knowledge of the content according to the specified curriculum. If a teacher can make difficult content easy for children to understand, I guarantee that Children will like coming to school. and definitely interested in learning [Trikun Khun Pho La; 2566] [6]

Buddhism is a spiritual anchor. There are Dhamma teachings as a model and a system of morality and ethics for Thai society. Children, youth, and people should be educated and learn the teachings of Buddhism. and practices of Buddhists in order to prepare for life and roles and responsibilities. that should be practiced in society harmoniously Under the circumstances both good and bad may occur. By being able to distinguish between good and bad and choosing to choose correctly [Suthiwong Tantaya Phisansut : 1995; 6-20] [7] Integrating Buddhist principles into the teaching practice of moral teachers. In order to achieve the organization's goals sustainably and also to enable strategic operations. Performing duties of personnel who are the organization's operators based on the principles Honest And another important thing is the " 4 brahmavihāra " [D. [Thai] III/305/275.] [8] Therefore, personnel in the organization to work better must have good practices in Dhamma, that is, must have Brahmavihāra Dhamma. 4 The point is 1) Metta is having good hopes and desires for others. 2) Karuna is pity, sympathy, and desire for others. 3) Mudita is the feeling of joy. When others do well and 4) Equanimity is neutral confidence. Accurate and unbiased [Phra Methee Thammaphon (Prayura Dhammajitto) : 1991; 2-4] [9]

Schools in Na Kaeo Subdistrict Phon Na Kaeo District Sakon Nakhon Province There are a total of 6 educational institutions and 2 NFE schools . There are moral teachers who have been appointed to teach in 4 schools, namely Ban Klang Na Duea School. Ban Na Duea School, Nong Phue Thepnimit School, Na Kaeo Phitthayakhom School Moral teaching monks must go and teach in the school on the days and times agreed upon with the school. according to appropriateness Teaching time sometimes coincides with school activities. When you have to teach, you have to teach to different age groups of children. Children's learning may be different. Some students behave in an undesirable way. I'm a stubborn person. aggressive Disobeying the teacher Not very cooperative Some students cooperated. Believe in listening to teachers Have a passion for learning Therefore, we are aware of the importance of morality and ethics. to develop students to have desired behavior Be humble. To be consistent with the learner standards set forth in the Basic Education Standards as an important basis for learning. therefore The integration of the four Brahmavihāra principles is therefore important in instilling morality and ethics in children and youth with good behavior. Have a passion for learning Study, pay attention, study hard, attend class on time. Helping with school activities, obeying teachers, etc.

For this reason, the researcher is interested in studying Application of the four brahmavihāra principles of moral teaching monks in schools in Na Kaeo subdistrict. Phon Na Kaeo District Sakon Nakhon Province In order to meet the standards of Buddhist teachers teaching morality in schools, it follows the prescribed curriculum structure. This is in order to develop the morality and ethics of Buddhist teachers teaching

morality in schools. To have awareness of the duties and roles of Buddhist monks teaching morality in schools. To be responsible for students and youth in educational institutions In training and inculcating morality and ethics to have desirable characteristics for the development of society and the nation in the future.

2. Research Question

- 2.1 How is the explore the application of the Four Brahmavihāra principles in moral teaching by monks in schools within the Na Kaeo subdistrict, Phon Na Kaeo District, Sakon Nakhon Province, how is it?
- 2.2 How is the describe the moral teaching approaches of teachers in these schools, how is it?
- 2.3 How is the apply the Four Brahmavihāra principles in the moral education provided in these settings, how is it?

3. Research Objectives

- 3.1 To explore the application of the Four Brahmavihāra principles in moral teaching by monks in schools within the Na Kaeo subdistrict, Phon Na Kaeo District, Sakon Nakhon Province.
- 3.2 To describe the moral teaching approaches of teachers in these schools.
- 3.3 To apply the Four Brahmavihāra principles in the moral education provided in these settings.

4. Research Methodology

4. Scope of research

This research this is qualitative research (Qualitative Research). The researcher has defined the scope of the study and collected data on the following issues:

4.1.1 Content scope

This research has studied the matter; to explore the application of the Four Brahmavihāra principles in moral teaching by monks in schools within the Na Kaeo subdistrict, Phon Na Kaeo District, Sakon Nakhon Province; describe the moral teaching approaches of teachers in these schools; and apply the Four Brahmavihāra principles in the moral education provided in these settings.

4.1.2 Document scope

In order to achieve the results of this research the researcher has determined the scope of the documents to be studied as follows.

- 1) Primary documents Including the Thai Tipitaka scriptures Mahachulalongkorn Rajavidyalaya Edition, B.E. 1996
- 2) Secondary documents include books, textbooks, articles, publications, academic documents and various related research works such as the integration of the four Brahmavihāra in Buddhism. Moral teachers in schools, etc.

4.1.3 Area of research

The area used in this research is schools in Na Kaeo Subdistrict. Phon Na Kaeo District Sakon Nakhon Province, 4 schools: 1) Ban Na Duea School, Na Kaeo Subdistrict, 2) Ban Klang Na Duea School, Na Kaeo Subdistrict, 3) Nong Phue Thepnimit School , Na Kaeo Subdistrict. 4) Na Kaeo Pittayakhom School, Na Kaeo Subdistrict

4.1.4 Scope of key informants

In this research, the researcher conducted additional research. Using the methods of participant observation (Participant Observation) and in-depth interviews (Indepth Interview). As for the in-depth interviews, the group of informants was determined as follows.

- | | |
|--------------|------------|
| 1) Executive | 4 persons |
| 2) Teachers | 8 persons |
| 3) Students | 12 persons |

Total number 24 persons

5. Expected benefits

- 5.1 Know about the four Brahmavihāra principles in moral teaching.
- 5.2 learned about the moral teaching of teachers in schools in Na Kaeo Subdistrict Phon Na Kaeo District Sakon Nakhon Province.

5.3 learned about the application of the 4 brahmavihāra principles of moral teaching monks in Na Kaeo subdistrict schools Phon Na Kaeo District Sakon Nakhon Province.

6. Research Results

6.1 The Four Brahmavihāra Principles in Moral Teaching: these principles foster self-sacrifice and cultivate virtues within students. They involve dedicating personal time to impart knowledge with a supportive and kind demeanor, fostering a beneficial environment for learning and moral development. The principle of loving-kindness comes into play in teaching: Monk teachers teaching morality in schools are attentive to students. Focuses on learning problems because he has good wishes for all students. Gradually create a friendly learning atmosphere in the classroom. Teach all students to have love for each other and the society around them. He is a kind person who wishes all students to be happy with their studies. Teach students to respect people and their decisions. Fellow students the principle of loving-kindness is therefore a principle that can be incorporated into teaching. Create a sacrifice of time these things create inner morality for students. It is a dedication of personal time to impart knowledge to students. Teach us to think about the grace of those who care for us. Be humble, speak well, think well, do well, and be kind. Teach to help others without expecting anything in return. To learn in Buddhism When you listen and use it in your daily life, you will have good wishes for the students. Create a teaching atmosphere for students **Principles of kindness included in teaching:** When students experience difficulties and poverty Teacher Phra was kind enough to help. I want every student to People are happy with their studies. Provide kindness before and after for teachers and students to develop their education and learn fully, making work go smoothly. Teach students to be good people Dedicating existing knowledge to students this is to hope that students have knowledge and experience. Being a creator of good people for society Teach everyone how to think. Know right and wrong for society. The teacher is firm and does not complain. Even if the student doesn't obey you, he will still be kind to the student. Desire for students to escape from ignorance Transmit knowledge clearly and truly. **The principle of Mudita is included in teaching. :** Teacher Phra is a teacher who teaches morality. It is a place that has undergone training both in the physical part. And mental image very well He is a teacher who is well suited to sharpen the minds of students. Therefore, it was seen that Kru Phra was pleased with the teachers and personnel in their performance in Buddhist activities. It creates morale and encouragement for all students. **The principle of equanimity is included in teaching:** Teacher Phra is neutral, not close to anyone in particular, and does justice to all parties. Organize teaching and learning activities with neutrality and no bias. Measurements and evaluations are carried out with precision and impartiality, teaching students to have an honest mind like a scale, not biased in any way. Do not hold bias towards any side, but consider correctness as a criterion for conduct.

6.2 describe the moral teaching approaches of teachers in these schools; Moral Teaching Techniques: teachers use real-life events to make lessons relatable, engaging students with current events and personal experiences. They employ a combination of good and bad examples, followed by detailed explanations of the underlying moral principles. There is a request. Prepare a teaching plan the monk explained the purpose. Curriculum-based indicators organize learning with teaching techniques and evaluate the teaching according to the curriculum prepared for teaching to students in schools that teach Buddhism. There are many channels for teaching to students so that the children understand the principles of Buddhism. Religion **raising events while teaching and persuading others to follow:** Teaching techniques often use events to explain as examples by slowly explaining the situation so that the students can see the situation and feel inclined to follow. Bring your own experiences or news of current events to be integrated into teaching to make students interested good and bad examples are included. After that, he explains the principles. Videos are shown as teaching media to bring up one's own experiences or news and current events. **Be generosity and build confidence in learning:** there are activities to promote Support and provide opportunities for all students to express themselves. He presented his own opinions with generosity by giving love and understanding as well as recommending things that were beneficial to the students. Items are shared to build morale among students and build familiarity. Promote, support and provide opportunities to study with willingness. **Sacrifice in teaching and creating hope that is useful in learning:** Teacher Phra is a selfless person in both teaching and learning. Teaching and seeking scholarships for destitute students until making students feel that they have teachers to depend on Praise and rewards are given in order to build morale and encouragement for students. He is committed to teaching students to have knowledge and

understand how to behave as a Buddhist according to the principles of Buddhism. He has sacrificed his work to provide knowledge to students. **Neutrality In teaching and comforting:** Teachers' equal treatment of others makes every student feel part of the classroom. It creates a learning environment with appropriate behavior. Be generous and friendly with students. Give importance and care to every student, advise, guide and comfort.

6.3 Application of the Four Brahmavihāra principles in the moral education provided in these settings: monks integrate these principles into their teaching, creating a blended educational approach that is both theoretical and practical. This method helps students develop forgiveness and attention to moral actions more quickly than usual, emphasizing the importance of ethical behavior in both academic and social contexts. It is a combination of teaching that allows students to follow each other's speech and expressions without realizing it. Makes students forgive each other faster than usual. Know how to pay attention to each other when making mistakes. From this point, it can be seen from the students that they rejoice with each other. They help each other and remain neutral when helping each other solve problems. Have proper respect and gratitude for the elderly. Parents, teachers a learning management plan is prepared. There are actual teaching hours. He comes to teach regularly according to his teaching hours. He teaches students to have knowledge of Dhamma principles. **Knowledge is created in the subject:** Teacher Phra creates morality and ethics for students. Help recommend sources of knowledge and study and research to understand the content being taught. By giving students the opportunity to study and find knowledge by making worksheets by themselves, with teachers providing guidance and helping to analyze and synthesize situations that arise. Explain sources for seeking additional knowledge. Both in theory and in actual practice. To create knowledge for students. **There is inspiration for oneself:** Buddhist monks teach morality as spiritual guides. Set an example in setting yourself. Waiting to give opportunities to students Create activities to keep students interested. Explain the goals of studying each issue. Create motivation through activities morale to be inspired to pursue your goals and succeed in doing things that are difficult for others to do. **It is used to benefit self-development:** bring kindness and good wishes. To be used to govern people, it is the personnel in the school who have kindness and congratulations to the teachers and encourage all personnel to develop themselves all-round. Use the Brahmavihāra principles to develop yourself to maturity and use them as a guideline for self-management. Conduct yourself in a way that has principles in your self-governance. Teach how to develop oneself, develop knowledge to be ready to enter the wider world.

7. Discussion

7.1 explore the application of the Four Brahmavihāra principles in moral teaching by monks in schools within the Na Kaeo subdistrict, Phon Na Kaeo District, Sakon Nakhon Province : these principles foster self-sacrifice and cultivate virtues within students. They involve dedicating personal time to impart knowledge with a supportive and kind demeanor, fostering a beneficial environment for learning and moral development. Buddhist monks teach morality in schools and care about students. Focuses on learning problems because he has good wishes for all students. Gradually create a friendly learning atmosphere in the classroom. Teach all students to have love for each other and the society around them. He is a kind person who wishes all students to be happy with their studies. Teach students to respect others and the decisions of their fellow students. Therefore, the principle of loving-kindness is Principles that can be incorporated into teaching create time sacrifice These things create morality within the mind. teachers and students. **Principles of kindness included in teaching :** When students experience difficulties and poverty Teacher Phra was kind enough to help. they want every student to People are happy with their studies. Provide kindness before and after for teachers and students to develop their education and learn fully, making work go smoothly. Let students be good people There is dedication of existing knowledge to society. **The principle of Mudita is included in teaching.:** Teacher Phra is a teacher who teaches morality. It is a place that has undergone training both in the physical part. and mental image very well He is a teacher who is well suited to sharpen the minds of students. Therefore, it is seen that Kru Phra is pleased with the teachers and personnel in their performance in Buddhist activities. It creates morale and encouragement for all students. **The principle of equanimity is included in teaching:** Teacher Phra is neutral, not close to anyone in particular, and does justice to all parties. Organize teaching and learning activities with neutrality and no bias. Measurements and evaluations are carried out with precision and impartiality, teaching students to have an honest mind like a scale, not biased in any way. Do not hold bias towards any side, but consider correctness as

a criterion for conduct. **which is consistent with research of** [Ms. Chanyada Ponsing; 2017] [10] An application of the principle of brahmavihara of the teacher in accordance with the etiquettes of the teachers profession in the kindergarten school 4 (Chalongrat), Muang district. The results of the research were found that Brahmavihāra is the principle of Dhamma resulting in the happiness due to the qualification of ones who have the right principle of Brahmavihāra, that is, to have the loving-kindness with equanimity, compassion with equanimity, sympathetic joy with equanimity and equanimity with loving-kindness, compassion and sympathetic joy.

The teachers' etiquettes make them good teachers and the levers of general people. Outside this, good persons can make benefits for themselves and the others, Not to do an evil is to reduce the burden of society, that is, not to solve the problems and to do good makes the benefit for society and assist the society to be progressive and the good model for other teachers.

The concepts related to the principle of Brahmavihara 4 of the teachers in the Municipal School 4 (Chalongrat) are found that the teachers have to have the loving-kindness, that is, to wish the others to have happiness, the compassion means the pity by thinking to make the others free from the suffering, meaning good wishes when the others facing the unsatisfactory and hard time, feeling pity, and worried when they see the others facing the suffering. The sympathetic joy means feeling satisfied with others when they see that the others getting the successfulness sincerely. The principle of equanimity means to express the mind in the middle way towards various events and to be virtuous to reduce the 4 prejudices, that is, love, hate, delusion and afraid.

7.2 describe the moral teaching approaches of teachers in these schools; Moral Teaching Techniques: teachers use real-life events to make lessons relatable, engaging students with current events and personal experiences. They employ a combination of good and bad examples, followed by detailed explanations of the underlying moral principles. **which is consistent with research of** [Phra Futrakul Buddharakkhi, Dr.) and Dr. Phin Yo Prommuang; 2012] [11] Roles of Monks Teaching Morality in Schools under a Cooperation Center of Monks Teaching Morality in Schools Kalasin Buddhist College. The research findings were the morality teacher monks' roles in schools were at the high level both overall and partial pictures: Sangha administration, public welfare, public support, propagating the dhamma, religious education, and morality teacher monks in school respectively. The hypotheses testing were found different statuses of respondents had significantly different opinions on morality teacher monks' roles in schools and the morality teacher monks' roles in school had significant relation with the students' basic moralities. From the probe interview, students' basic moralities were forwarding, comity, polite speech, gratitude, honesty, knowing bad and good, and knowing to respecting the Buddha's statue.

7.3 Application of the Four Brahmavihāra principles in the moral education provided in these settings: monks integrate these principles into their teaching, creating a blended educational approach that is both theoretical and practical. This method helps students develop forgiveness and attention to moral actions more quickly than usual, emphasizing the importance of ethical behavior in both academic and social contexts. The monk has introduced the principle of kindness into teaching to students. It is a combination of teaching that allows students to follow each other's speech and expressions without realizing it. Makes students forgive each other faster than usual. Know how to pay attention to each other when making mistakes. **Knowledge is created in the subject:** Teacher Phra creates morality and ethics for students. Help recommend sources of knowledge and study and research to understand the content being taught. By giving students the opportunity to study and find knowledge by making worksheets by themselves, with teachers providing guidance and helping to analyze and synthesize situations that arise. **There is inspiration for oneself:** Buddhist monks teach morality as spiritual guides. Be an example in setting yourself up and giving opportunities to students. Create activities to keep students interested. Explain the goals of studying each issue. Create motivation through activities morale to be inspired to pursue your goals and succeed in doing things that are difficult for others to do. **It is used to benefit self-development:** bring kindness and good wishes. To be used to govern people It is the personnel in the school who have kindness and congratulations to the teachers and encourage all personnel to develop themselves all-round. Use the Brahmavihāra principles to develop yourself to maturity and use them as a guideline for self-management. Conduct yourself in a way that has principles in your self-governance. **Which is consistent with research of Mr. Ekkasit Sae Jao** [12] Studied the topic; Development of personnel management according to the 4 brahmaviharadhamma principles in primary schools under the phra nakhon si ayutthaya primary educational service area office. Research results found that Conditions of personnel management in primary schools under the Phra Nakhon

Si Ayutthaya Primary Educational Service Area Office include manpower planning, personnel recruitment, personnel development, performance evaluation, personnel maintenance, and personnel release from work. The application of Brahmavihāra principles in the administration of educational institutions must include compassion. Desire for others to be happy Compassion, the desire to help others escape suffering. Loyalty expresses delight in seeing others do well.

8. New explicit knowledge

Research on “The application of the 4 brahmavihāra principles of moral teaching monks in schools in Phon Na Kaeo District Sakon Nakhon Province” creates knowledge from research as follows:



Figure 1 Knowledge from research

9. Conclusion

The 4 Brahmavihāra principles in moral teaching are principles that create moral sacrifice within the mind. It is a dedication of personal time to impart knowledge to students. Support and give advice with kindness wish for good There is room for letting go. Let go when solving problems. Teacher at Na Kaeo Subdistrict School Phon Na Kaeo District Sakon Nakhon Province has applied the four brahmavihāra principles to teaching morality. The inclusion of the four brahmavihāra principles in teaching allows students to follow along from speaking to each other. and express themselves to each other unconsciously Make students have fun with learning Learn to take responsibility for writing presentations. Able to create knowledge both in theory and in actual practice.

10. Suggestion

A. Policy recommendations

From the results of the study of the application of the 4 brahmavihāra principles of moral teaching monks in Na Kaeo subdistrict schools. Phon Na Kaeo District Sakon Nakhon Province Therefore, the researcher would like to make the following policy suggestions.

- 1) Documents should be prepared regarding the four Brahmavihāra principles in moral teaching. in the form of a book For convenience in searching for further information.

2) Documents should be prepared to compile Application of the four brahmavihāra principles of moral teaching monks in schools in Na Kaeo subdistrict. Phon Na Kaeo District Sakon Nakhon Province To be more concrete

B. Academic suggestions

From the work of studying the application of the four brahmavihāra principles of moral teaching monks in schools in Na Kaeo subdistrict. Phon Na Kaeo District Sakon Nakhon Province Therefore, the researcher would like to make academic suggestions.

1) Organizing training events to provide knowledge about the four Brahmavihāra principles in teaching morality in schools. By studying the application of the 4 brahmavihāra principles of moral teaching monks in schools in Na Kaeo subdistrict. Phon Na Kaeo District Sakon Nakhon Province Become a guideline for teaching morality in schools.

2) Prepare a book compiling moral teaching according to the four Brahmavihāra principles in Buddhism. In terms of academic documents

C. Suggestions for next research

From the work of studying the application of the four brahmavihāra principles of moral teaching monks in schools in Na Kaeo subdistrict. Phon Na Kaeo District Sakon Nakhon Province The researcher also found that There are interesting topics as follows:

1. Should study the application of the four Brahmavihāra principles in the daily life of secondary school students. In Na Kaeo Subdistrict Phon Na Kaeo District Sakon Nakhon Province

2. Should study the integration of the four brahmavihāra principles of administrators in schools in Na Kaeo subdistrict. Phon Na Kaeo District Sakon Nakhon Province

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