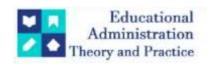
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Research Article



# The Challenges That Prevent Sport From Contributing To The Sustainable Development Of Sportswomen In The Northern Governorates/ Palestine

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# ARTICLE INFO ABSTRACT

The study aimed to identify the challenges that prevent sports from contributing to achieving the sustainable development of sports women in the northern governorates/ Palestine, and the researcher used the descriptive approach in one of his survey and analytical forms due to its suitability for the purposes Choosing the study sample in the easy way, which numbered (2040) individuals, and (10) members of the Palestinian legal personalities for personal interviews.

After collecting the data, the statistical package of social sciences (SPSS) was used to analyze the results, and the researcher analyzed the responses of the Palestinian legal personalities in the personal interview.

The results of the study showed the following:

- 1. The most challenges that prevented the contribution of sport in achieving the sustainable development of sports women in the northern governorates/Palestine were the lack of infrastructure in sports facilities to achieve sustainable development of sports women.
- 2. One of the most important challenges that prevents the contribution of sport in achieving the sustainable development of sports women in the northern governorates/ Palestine is a lack of awareness of the importance of sports and its role in achieving sustainable development, customs, traditions and weak policies that guarantee the participation of sports women.

The researcher recommended several recommendations, the most important of which are: reassessing the reality of sports facilities in Palestine by specialists, allocating educational courses and scholarships specialized in sports affairs by the Palestinian government for sports women, and media awareness by those responsible for these facilities periodically for programs, activities and seminars concerning sports women and that It is held in these facilities; To activate the participation of sports women in a positive interactive way.

**Keywords:** (Sustainable Development/ Sports Women/ Northern Governorates)

### **Introduction:**

Women are at the heart of the development process, and it performs the largest and most important role in the process of reproducing the forces in the form of the consider that they are the mother of future generations, and she is the housewife and responsible for nutrition, health and social affairs, and the management of financial affairs for family and external relations with friends, and if we want to calculate the material cost The individual needs to compensate for the role that women play at home, we will be surprised by the amount of this contribution to which he usually sees as a foreground, because the woman plays as part of her traditional role in society. (Shabana, 2008)

The indicators of political, economic and social participation are considered knowledge tools on which the actual contribution of women to comprehensive development in any society or country on the one hand, and on the other hand, are considered tools for measuring the concept of gender justice. It is not possible to talk about a comprehensive development that includes economic, social and political structures in the country

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without talking about an active participation of all the energies of the components of society, including women and men.

It is not possible to talk about an active participation of women without enhancing their position that guarantees this effectiveness and influencing by recognizing their role in the development process and providing opportunities and objective conditions to enrich this role with the so -called empowerment process in all fields, and following up the measure of women's empowerment to develop it in a way, 2012):

□ Political participation and decision -making through the basic index for measuring the male and female share in the parliamentary seats in the government, leadership centers in the parties, their participation in the embassies ... participation in the elections.

□ Economic participation and decision -making through indicators of measuring male and female share in positions as legislators, senior officials and managers, and in professional and technical positions, as well as the percentage of participation in the areas of economic, agricultural, industrial, and technological production.

□ Social participation: It is measured through a set of indicators that determine the situation of women in society such as the education index, cases of divorce, marriage or spinsterhood, violence against women .... where it is not possible to separate the objective conditions of society and its characteristics on the role of the community and educational women.

Regardless of the actual participation of women in all fields, they face some social obstacles that limit this participation and thus weaken the opportunity of women to participate in the process of sustainable development as a whole in Arab society. (Badran, 1994)

The study of the Qattan and the other (2015) indicated that the challenges and needs are the development of the sport of Bahraini women with competitiveness by increasing the private places for women and practicing the activities The technology of the cities of the arrangements is the training of training in a specialized in the right side, and this is considered a major challenge to achieving the sustainable development of women.

The problem of study: The great progress of the great and the many areas of sports in general and the woman in particular, but the need is still in place, and we note that there are still challenges facing the role of sport in achieving the sustainable development of Palestinian women, and being a Palestinian sports woman, I am interested in this aspect for a national renaissance, and I follow the role of sport, especially the role of sports for sports women, when women need women Sports to the consequences of it to obtain a leadership position and real opportunities to prove its worth in this field, as several studies such as the study of the bodies (2020) indicated, Abu Ali's study (2018) and the study of Murtaja (2017) that women in general help achieve sustainable development in the state, but there are challenges facing Palestinian women to exercise this role, and accordingly the researcher decided to conduct this study to learn about the most important challenges that prevent sports from achieving the sustainable development of sports women in the northern governorates/ Palestine.

**The aim of the study:** The challenges that prevent sports from contributing to achieving the sustainable development of sports women in the northern governorates/ Palestine.

#### **Study question:**

The current study sought to answer the question of the study:

What are the challenges that prevent sport from contributing to the sustainable development of sports women in the northern governorates/ Palestine?

### Method and procedures:

**The curriculum:** The researcher used the descriptive curriculum in one of its survey and analytical forms due to its suitability for the purposes of the study, as well as the qualitative approach using the personal interview.

**Society:** The study community is from all workers in governmental and private institutions (Supreme Council for Youth and Sports, Palestinian Olympic Committee, Palestinian Cabinet, Ministry of Higher Education, Ministry of Education, Palestinian Sports Federations).

The sample: The study sample consists of (2040) individuals of employees in institutions (Supreme Council for Youth and Sports, Palestinian Olympic Committee, Palestinian Cabinet, Ministry of Higher Education, Ministry of Education, Palestinian Sports Federations), and they were chosen in the easy way due to the large size of the study community, And political instability when collecting data, and schedule (1) shows the characteristics of members of the study sample according to demographic variables.

percentage% Repetition		Variable	Independent variables	
39.2	800	north		
29.4	600	middle	Geographical area	
31.4	640	south	ocograpincar area	
%100	2040	the total		
31.7	646	30years old		
35.3	720	From 31-40 years old	the age	
33	674	More than 40 years old	the age	
%100	2040	the total		
22.5	460	Single/single		
68.3	1394	married	marital status	
9.1	186	Otherwise	maritar status	
%100	2040	the total		
43.1	880	male	Gender	
56.9	1160	feminine		
%100	2040	the total		

Table No. (1): The characteristics of members of the study sample according to demographic or independent variables (n = 2040).

**Study tool:** To collect data, two tools were used to study, as the first tool was related to collecting quantitative data using the questionnaire, while the second tool was related to how (quality) data using the personal interview with Palestinian legal personalities.

## **Study determinants:**

**Human Borders:** The study was conducted on workers in the (Supreme Council for Youth and Sports, Palestinian Olympic Committee, Palestinian Council of Ministers, Ministry of Higher Education, Ministry of Education, Palestinian Sports Federations).

**Spatial boundaries:** in relevant governmental and private institutions.

Time limits: The study was conducted between January 2022- January 2022

**The objective limit:** the challenges that prevented sports from contributing to the sustainable development of sports women in the northern governorates/ Palestine.

Terminology of study:

**Sustainable development:** Sustainable development is a new pattern of development that seeks to achieve compatibility between the goals of economic development and environmental and social requirements as a condition for achieving its growth and ensuring its survival. (Abdul Rahman, 2011)

**Sports Women:** It is the practice of games and sports activities regularly or irregularly, whether it is (a player, administrative, judgment, trainer, teacher, ...). (Frequently Definition)

**Northern Governorates:** After the Palestinian National Council announced in its session held in Algeria in 1988 that the State of Palestine was established on the borders of June 4 in (1967), and the establishment of the National Authority as a step on the independent state road, the authority divided the lands of the Palestinian state administratively to (16) governorates, Including (11) in the West Bank. (https://info.wafa.ps/ar\_page.aspx?id=2414)

# View and discussion of the study:

#### Results related to the study question:

What are the challenges that prevent sport from contributing to the sustainable development of sports women in the northern governorates/ Palestine?

To answer this question, the mathematical average and the weighted weighing a paragraph, where the highest mathematical average is the most challenge that prevents sport from achieving the sustainable development of sports women, while the minimum mathematical average represents the least of these challenges, and the results of Table No. (2) show this.

Table No. (2): Mass and the relative weights of the challenges that prevent sport from contributing to the sustainable development of sports women in the northern governorates/ Palestine (n = 2040).

Ranking	Relative weight%	SMA*	Paragraphs	the number
Less challenges	78.8	3.94	Lack of awareness of the importance of sport and its role in achieving sustainable development	1

Ranking	Relative weight%	SMA*	Paragraphs	the number	
the third	82	4.10	Customs and traditions affected the active participation of women athletes in achieving sustainable development	2	
Ninth	79.6	3.98	The scarcity of specialized programs and seminars has affected women's participation in sustainable development	3	
The tenth	79.2	3.96	Weak policies that guarantee women's sports participation	4	
VIII	80.2	4.01	Misconceptions about sports have affected the sustainable development of women athletes	5	
Seventh	80.2	4.01	The economic level in Palestine prevented attention to the role of women in sports in sustainable development	6	
the second	82.2	4.11	Lack of sports facilities and buildings in Palestine	7	
VI	80.6	4.03	The lack of sports media awareness prevented women's sports participation in sustainable development	8	
the fourth	81.8	4.09	Lack of sports development projects that serve women athletes	9	
Fifth	81.2	4.06	Inadequate infrastructure in sports facilities to achieve sustainable development for women athletes	10	
More challenges	82.4	4.12	Inadequate infrastructure in sports facilities to achieve sustainable development for women athletes	11	

#### • The maximum response degree (5) degrees.

Table No. (2) indicates that the most challenge that prevents sport from contributing to the sustainable development of sports women in the northern governorates/ Palestine was related to paragraph No. (11) (the lack of infrastructure in sports facilities to achieve the sustainable development of sports women) with an average account of its amount (4.12) With a relative weight (82.4%), followed by paragraph (7) (lack of sports facilities and buildings in Palestine) with an average account of (4.11) and a relative weight (82.2%), while the lowest challenges related to paragraph (1) (less awareness of the importance of sports and its role In achieving sustainable development) with an average account of (3.94) and a relative weight (78.8%), followed by paragraph (4) (weak policies that guarantee the participation of sports women) with an average account of (3.96) and a relative weight (79.2%).

The researcher believes that there are many challenges that prevent sports from contributing to achieving the sustainable development of sports women, as well as members of the study sample, including: the scarcity of specialized educational scholarships for sports women, and that the misconceptions of sport affected the achievement of sustainable development of sports women, and regardless of the actual participation of women In all fields, but it faces some social obstacles that limit this participation and thus weaken women's opportunity to participate in the process of sustainable development as a whole in Arab society.

Also, the majority of Arab societies are in the way of male societies, they dominate them in the manner of the man They do not require additional deals in order to achieve the words in the specified time and the most complete way, or do you have to do the efficiency in the performance, and perhaps the choice of one of the rotation within the time in the home of these ideas that do not limit the participation of women in the development of the appealed.

This result was agreed with the study of Al -Hamdi (2019), which showed that (0.18%) in their attendance is from their experiences of more experience in the field And experience and experience in the agricultural sector. The reasons for the reasons for the participation of women in the taking of the decisions related to their interests in the country, in the country, so that the community is male.

It also agreed with the study of Abu Ali (2018), which also confirmed the existence of many obstacles that hinder the empowerment of women in society. It agreed with the study of the Arab Women Organization (2016), which came out of the recommendations of directing the integration of the inferior to the woman in sustainable development. The study seeks - to achieve this - Antocalism, the guidance of the Arab automatic government, the industries of decision, and the other partners of the representatives, and in the national mechanisms of women, and the researchers, the organizations of the civil society, the regional and international organizations, and the donor organizations (and the regional organizations, and the regional organizations, and the international organizations Sustainable growth by 2030). It also agreed with the Aga and Abu Jami study (2010), as he emphasized that the tools of the economic development of the Palestinian strategic development and the concentration of the legal framework that regulates the economic and commercial lives and financially requires the legislation and regulations and the instructions for reforming the governmental institutions on the basis Rights of rights provide the necessary environment to develop in the sector and increase the capabilities of our productive and operational capabilities and the development of economic relations and commercials and the Arab and Islamic countries and the state The Mediterranean is achieved; therefore, for the caller of the proposed changes from these studies to the entire level of the effective levels, at the results of the completion of the essence of these articles.

As if you are bombarded, the interference of the mechanisms and the results of the processes of the process, and it is compatible with the study, and it was agreed with the study Tango and reluctant, starting with the

cosmetic methodology The main vulnerability is to find it in Spain, and to improve the performance of this mankind, a highly raised way.

On the (qualitative) side, five sub -questions were asked to answer the main question of the study, and Table No. (3) shows this.

And to explain the results, the following is adopted:

- (0%- 20%) very low.
- (21%-40) low degrees.
- (41%-60%) medium degree.
- (61%-80%) high degrees.
- From (81%-100%) very high degrees.

Table No. (3) Summary of the sub-questions for the main question in the personal interview

not agree To some extent		I agree		Sub-question	the		
The ratio	Repetition		Repetition	The ratio	Repetition	•	number
%10	1	%30	3	%60	6	Lack of awareness of the importance of sport and its role in achieving sustainable development has affected women athletes.	-1-
%10	1	%30	3	%60	6	Customs and traditions affected the active participation of women in sports and the achievement of sustainable development	-2-
%30	3	%30	3	%40	4	The weakness of policies that guarantee women's sports participation is one of the most important challenges in achieving sports development	-3-
_	_	%20	2	%8o	8	The economic level in Palestine prevented attention to the role of sports in sustainable development.	-4-
-	_	%50	5	%50	5	Inadequate infrastructure in sports facilities to achieve sustainable development for women athletes	-5-

It is clear from Table No. (3) that the sub -question No. (4), which stipulates the economic level in Palestine, prevented attention from the role of sport in sustainable development, has obtained the highest response from members of the personal interview sample by (80%), which is a high rate, and you see. The researcher from the reality of our economic life in Palestine that the economic level is not good in general, it focuses on filling the basic needs of individuals, and that economic sources are limited and there is great scarcity, and sport is particularly affected by the economic aspect, and this aspect is one of the biggest challenges for achieving development Sustainable for sports in general and for sports women in particular, especially in the piracy operations practiced by the occupation on tax returns from clearing funds, in addition to detention, deductions and delay in paying salaries, and the first reason is the occupation and pressures practiced on the Palestinian people before it, in addition to non -regularity In the financial aid provided by the donor countries to the Palestinian people according to political changes, which appropriately affect this aid, and do not forget the damage of the dreaded Corona virus, which negatively affected the economy of the entire world and thus on individuals.

As for the two questions (1) and (2), which are stipulated in awareness of the importance of sport and their role in achieving sustainable development, affected sports women, and customs and traditions affected the active posts of sports women and achieving sustainable development, they came with a moderate response of (60%), so you see the researcher The lack of integration of society in Palestine in the sport of women is due to several reasons, that society is not aware of the importance of sport, the prevailing belief that sport for entertainment is the lack of awareness about the participation of active women in sports activities related to social heritage, all these reasons combined affected the participation of women in an active way, and accordingly It must be done to upgrade society's view of the way to achieve sustainable development, and the study agreed with the study of Al -Hamdi (2019), which emphasized the importance of correcting the prevailing image of women in society and their active sporting participation, and with the study of Stewi (2017), which showed the positive impact of sports on women in all aspects of life Among them are social aspects, changing and amending society's view.

As for branch No. (5), the infrastructure in sports facilities is not continuing to achieve the sustainable development of sports women, the response to it was moderate (50%), and there is no doubt that there are sports facilities, but they are not sufficient to fill the needs, meaning that the distribution is not fair for facilities in the provinces The northern, and perhaps the presence of some facilities in geographically spaced areas, which does not make it easier for women and others to move safely and easily, in light of the conditions

of closures and continuous invasions from the occupation, and perhaps the high financial cost to reach these facilities limit the participation of women, in addition to the predominance of these facilities not Take into account gender issues in terms of design, construction, equipment and facilities, and thus not achieving the sustainable development goals, and this was recommended by the Al -Rubaani study (2021) of the necessity and importance of developing the infrastructure of sports facilities.

As for the branch No. (3) the weakness of the policies that guarantee the participation of sports women is one of the most important challenges in achieving sports development, it has received a response rate (40%), and despite the presence of policies that guarantee women's participation, they are not applied seriously on the ground, there is twice In the political administration to implement these policies, the results of the current study were agreed with the study of Al -Rubaani (2021), which emphasized the importance of setting special policies to enable and participate in sport in an effective way.

The question comes: Where is the government's role in giving priority to implementing women's participation policies in sports? Can we achieve sustainable development in light of the existence of the occupation in addition to many other issues?

In this context, the aggressive role of the brutal occupation that targets the Palestinians in all aspects of life appears.

#### **Conclusions:**

- 1. The various media outlets to spread community public awareness are sponsored by programs, propaganda, posters and others.
- 2. The most challenges that prevented the contribution of sport in achieving the sustainable development of sports women in the northern governorates/ Palestine were the lack of infrastructure in sports facilities to achieve sustainable development of sports women.
- 3. One of the most important challenges that prevents the contribution of sport in achieving the sustainable development of sports women in the northern governorates/ Palestine is the lack of awareness of the importance of sports and its role in achieving sustainable development affected sports women, customs and traditions affected the active participation of sportswomen and achieving sustainable development, poor policies that It ensures the participation of sports women.

### The researcher recommended several recommendations, the most important:

- 1. Work on the advent of the infrastructure for the sports facilities to achieve sustainable development for the sports woman through the competent authorities and specialists.
- 2. Increase the number of specialized educational directions and sports courses.
- 3. Media awareness is necessary, and the participation of women in the sports women in sustainable development programs is necessary.

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